



# Village of North Syracuse Summer 2019

For more information on these programs please call Parks Director, Teresa Roth at 315-458-8050 or email [parksdirector@northsyracuse.ny.org](mailto:parksdirector@northsyracuse.ny.org) Please note that all village parks are tobacco free.

## Summer Day Camp

**Who:** Ages 5-14 as of August 1, 2019  
**Dates:** Monday – Friday, July 1 – August 16 (not 7/4)  
**Hours:** 9:30am – 3:00pm  
**Location:** Lonergan Park (ages 5-9)  
Heritage Park (ages 9-14)  
Fee: Residents - \$180  
Non-Resident - \$360

Registration: To be held at the Community Center on 5/16 from 6-8pm, on 5/29 from 5-7pm and on 6/8 from 9-11am.

Registration (based on availability) may also be done through the Parks Office after May 16<sup>th</sup>. For more information please visit our website [www.northsyracuse.ny.org](http://www.northsyracuse.ny.org) or call the Parks Office 315-458-8050.

## Zumba

Mondays 8:30-9:30am  
Wednesdays 10:30-11:30am  
May 13 – July 31 (12 weeks)  
**Location:** Community Center  
**Fee:** Village Resident \$5/class  
Non-Village Resident \$6/class

Zumba involves dance and aerobic movements performed to energetic music. Get fit—Get healthy, take the first step to improve your balance and flexibility! Call the Village of North Syracuse Parks Office at 315-458-8050. It's Fun. It's Fitness. Drop-ins welcome.



## HappyFeet Soccer

**When:** Wednesdays July 10– August 14 (6 Weeks)  
Evening Times: 6:00 (ages 2-8 Children will be grouped by age) Hour long session including a game  
**Where:** Heritage Park  
**Fee:** Village Resident - \$89 Evening  
Non-Village Resident - \$99 Evening  
Register by contacting Rebecca MEEK at 315-569-1445 or [Rebecca@fitkidzcnny.com](mailto:Rebecca@fitkidzcnny.com) and forms are available at the Parks Office.

HappyFeet is a youth FITNESS program that uses a super cute soccer ball, to engage your children in fitness activities. We use nursery rhymes, songs and games with a soccer ball to maximize motor skill development.

## Babysitter's Training Course

**Date:** August 27, 2019  
**Time:** 9am-3:30pm  
**Location:** North Syracuse Community Center  
**Fee:** Cost to be determined (estimated at \$55).

This course is designed for 11 – 15 year olds and covers the following topics: performing first aid, learning diapering and feeding techniques, choosing safe and age appropriate toys and games, interviewing for a babysitting job and much more. Contact the Parks & Recreation office at 315-458-8050 for further information and to register.

## Gentle Yoga

[www.breathbody.yoga](http://www.breathbody.yoga)

**Dates:** 10 Week session  
Monday's and Wednesday's (July 8-Sept 18)  
\*No classes Labor Day week\*  
**Time:** 5:30pm - 6:30pm  
**Cost:** Village Residents -\$55 for 10 Classes / \$100 for 20 Classes

Non-Village Residents - \$70 for 10 classes / \$130 for 20 classes \$8 Drop in Fee. This is a beginner/intermediate Yoga program, held at the N Syr. Community Center, for those 15 and older. This practice will incorporate breath work, deep stretches, alignment, & relaxation. Call the Parks Office at 315-458-8050 for more information and to register.

# Parks & Recreation

## Summer Concert Series

Wednesdays 6-8pm (Rain Date Thursday)

### Lonergan Park

	<u>Performer</u>	<u>Food Vendor</u>
June 26 <sup>th</sup>	American Eagle.....	Subway
July 3 <sup>rd</sup>	Mood Swing.....	Applebee's
July 10 <sup>th</sup>	Salt City Chill.....	Toss 'N' Fire
July 17 <sup>th</sup>	Letizia & the Z Band.....	Cue Dogs
July 24 <sup>th</sup>	Thunder Canyon.....	Just One Bite
July 31 <sup>st</sup>	Nelson Brothers Band.....	Sassy Taco
August 7 <sup>th</sup>	Menage A Soul.....	Cue Dogs
August 14 <sup>th</sup>	The DeSantis Orchestra...	Cam's Pizza
August 21 <sup>st</sup>	Blonde and Blue Band....	Bella Domani

Thank you to our concert sponsors: *Solvay Bank* and *The Memorial Masonic Temple*. Concerts are FREE and available to the public!

## Facility Rental

The Village of N. Syracuse has several parks with picnic facilities and shelters, as well as a Community Center with rooms ideal for meetings, private events, etc. Call our office to reserve your space. Availability can be checked online at [www.northsyracuse.ny.org](http://www.northsyracuse.ny.org)



## Kennedy Park Swimming Pool

Open June 14 – End of August  
**Location:** 114 Grove Street  
**Hours:** 11am – 7pm Daily (Pool opens at 1pm during swimming lessons and the beginning of season when school is in session)  
Note: Children under the age of 10 must be accompanied by an adult.  
Adult Swim only held daily at the pool from 5-6pm

### Pool Passes (Free for Village Residents)

Non-resident Passes: Single - \$50 Family - \$125 Day Pass: \$3

### Swimming Lessons

1<sup>st</sup> session: July 1 – July 15 (Monday – Friday) Except July 4  
2<sup>nd</sup> session: July 22 – August 2 (Monday – Friday)  
**Registration:**  
June 21 & 22 from 12-6pm at the pool (Village Residents) Bring proof of residency!  
June 23 & 24 from 12-6pm at the pool (Non-Village Residents)  
Based on availability and a season's pool pass is required!

### Water Polo

**Ages:** 12 – 18  
**Dates:** July 8 – August 15 (Mondays and Thursdays)  
Register throughout the month of June at the pool

## Driver's Safety Course

**Location:** North Syracuse Community Center  
**Fee:** \$20 AARP member's, \$25 Non AARP members  
**Session 1:** June 4 and June 5  
**Session 2:** August 20 and August 21  
**Time:** 9am – Noon (On both Tuesdays and Wednesdays)  
Contact the Parks Department at 315-458-8050 to sign up or for more information.



[WWW.NORTHSYRACUSE.NY.ORG](http://WWW.NORTHSYRACUSE.NY.ORG)